

Adult Group Study Guide for September 6, 2020

Series: "Us Vs. Them"

Message: "Good and Angry"

Goal: To learn how to use our anger for good and not evil.

Key Verse: *"In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. – Ephesians 4:26-27*

1. When was the last time you were angry? Did the expression of the emotion of anger help to resolve the situation you were in? Why or why not? What advice did you receive about how to handle your anger when you were growing up? Have you learned anything new?
2. Read Hebrews 12:28-29 and Romans 1:18-19. What is your reaction when you hear God describing himself as "a consuming fire" and that "the wrath of God is being revealed from heaven against all the godlessness and wickedness of people, who suppress the truth by their wickedness"? How does the wrath of God fit in God's approach to the evil in this world? How can God be good and angry?
3. Read Psalm 89:14 and Psalm 103:8-12. Why is it important to affirm God's commitment to righteousness and justice along with his love and faithfulness? How does it help to know that God is slow to anger and abounding in love?
4. Read Amos 5:21-27, Isaiah 1:10-17, and 1 John 4:20-21. What makes God angry? What is the relationship between loving God and caring for others? Why is how we treat others important to God? (Matthew 22:37-40 and 7:12)
5. Read Psalm 4:4-5 and Ephesians 4:22-32. What do these verses say about how to deal with our anger? What happens when our anger burns out of control? (Galatians 5:13-15). How can we avoid giving the devil a foothold when we express anger? Under what circumstances can anger be redemptive? Is it possible for you to be good and angry?
6. Read James 1:19-20. How will these verses help you to use your anger appropriately and avoid sinning against your neighbor this week?