

Adult Group Study Guide for July 26, 2020

Series: "Exodus"

Message: "The Big Ten, Part 1"

Goal: To receive the Ten Commandments as a gift from God.

Key Verse: *"If you love me, keep my commands."* – John 14:15 (NIV2011)

1. Test yourself. How many of the Ten Commandments can you remember without looking them up in Exodus 20? What have you found helpful to aid your memory? For example, the 4/6 split between God/others also found in the Great Commandment in Matthew 22:32-40. To learn using your hands watch: <https://www.youtube.com/watch?v=B3MZnOPmWVY>.
2. Read Ephesians 2:8-10. How would you describe the relationship between God's law and God's grace? If salvation is by grace and not by works, what good is God's law? In what way are the Ten Commandments the "10 best ways to live"? (Quote from Children & Worship) In what way is the Law of God a blessing? What would the world be like without any laws? Read Romans 5:8 and John 14:15. How does it help you to know that God has always loved us even when we were sinners? How does obeying God's laws prove our love for Jesus?
3. Read Exodus 20:2-3. What do the words "your God" and his "deliverance" teach us about our relationship with God? Why does this relationship need to be exclusive?
4. Read Exodus 20:4-6. Why is it so easy to fall back into old habits of worshipping other gods? What other gods are most attractive to you? (Think of how you spend your time and money.) Why is it important not to worship any image even ones that may remind you of Jesus?
5. Read Exodus 20:7. In what ways can we misuse the name of God? Why does God take offense at this?
6. Read Exodus 20:8-11. What does life become like when we work 24/7? How does observing a sabbath demonstrate your trust in God? Read Matthew 12:1-8 and John 5:8-10. How did Jesus interpret this commandment? [For more help interpreting the meaning of the Ten Commandments, Google "Heidelberg Catechism" and read Q&A 92-103.]